

THE SPA & WELLNESS AUTHORITY

# american spa

MAY 2018

PASSPORT  
TO  
*Bali*



AARNA SPA AT PASÉA HOTEL  
& SPA (HUNTINGTON BEACH, CA)

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SPA OPENINGS & UPDATES *continued from page 99*



**REBRANDED VAIL HOTEL REACHES NEW WELLNESS HEIGHTS**

Hotel Talisa, Vail (CO), the 285-room luxury hotel formerly known as Vail Cascade Resort and Spa, opened its doors following a \$60 million renovation and rebrand. Among its highlights is **The Spa at Hotel Talisa**. It features 10 treatment rooms, a relaxation room overlooking Gore Creek and the nearby mountains, and separate men’s and women’s locker rooms that include aromatherapy steam rooms and salt saunas. The mountain setting is highlighted in each service by infusing fresh mountain air and indigenous ingredients into every treatment, in particular via signature services like the invigorating Elevate Your Altitude (\$365, 2 hours) experience, which incorporates high-altitude oil infused with peppermint, ylang ylang, tangerine, and fennel; Himalayan salt stones; and a concentrated oxygen boost following the treatment. Products used at the spa include Comfort Zone, Hydrafacial, and HydroPeptide. Caneel, the exclusive salon where guests can take advantage of hair, nail, and cosmetic services, uses Dazzle Dry and Kevin.Murphy products.—*J.K.C.*

**Palm Desert Welcomes New Pampering Oasis**

Hotel Paseo has opened its doors in Palm Desert, CA, along El Paseo, known as the Rodeo Drive of the Desert. The hotel features a variety of distinctive accommodations, such as a fully restored 1950 Airstream as well as an expansive backyard lawn overlooking the San Jacinto Mountains. Wellness highlights include the seven-treatment-room **Spa Lalé**, a LifeFitness gym, and complimentary bicycles and fitness classes, including morning yoga and Tai Chi sessions held on the backyard lawn. “My wife Linda and I have been visiting Palm Desert for the past 10 years and noticed that El Paseo was missing a luxury hotel to complement its world-class fashion, art, and dining,” says developer Robert Leach. “From the midcentury-modern design elements to the hotel’s diverse amenities, we’re committed to creating an experience unlike any other in the desert.”—*J.K.C.*



**Four Seasons Dives Into Serenity in the Seychelles**

Four Seasons Resort Seychelles at Desroches Island has opened and offers a number of wellness offerings.



**Circle of Connection Spa**, which features five treatment suites and a salon, includes a variety of healing experiences and a menu that is designed to evoke all five of the senses. Complimentary daily Connection Ceremonies invite guests to begin and end each day by connecting with the world around them and within themselves. Also available are yoga programs, including Hatha, Nidra, Meditation, Pranayama, and Ashtanga, with in-house yogi Ganga Sadhuka in a dedicated pavilion or on the beach. There is also a fully equipped fitness studio for weight and cardio training. “Chances are that if you’ve gazed longingly at a stock image of a white sand beach fringed with palm trees looking out onto impossibly blue waters, that picture was taken in the Seychelles,” says general manager Edward Linsley. “And the dream only gets better when you get here, put your toes in the sand, breathe in the clean air, swim in the warm waters, trek through the jungle, and finally fall into a restful sleep beneath a canopy of stars. At Four Seasons, our entire mission is to create the perfect holiday for our guests to realize all of their island fantasies and ensure that they’ll remember their stay with us for a lifetime.”—*J.K.C.*

ON THE HORIZON

MARK YOUR CALENDARS FOR THE OPENING OF THESE UP-AND-COMING SPAS.

- **Hyatt Regency Bangkok**  
Sukhumvit | Summer 2018
  - **Chablé Maroma**  
Riviera Maya, Mexico | Fall 2018
  - **Islas Secas Reserve & Lodge**  
Panama | January 2019
  - **Amanvari**  
Los Cabos, Mexico | 2020
  - **Six Senses**  
St. Kitts | 2021
- For details on these up-and-coming spas, visit [www.americanspa.com](http://www.americanspa.com).